

Student's Oral paper presentations done in Conferences

Sl No	Name of the student	Batch	Topic	Guide	Conference	Prize
1	S. Manishankar	2022	Impact of Neem Extract on Serum Trimethylamine N-Oxide (TMAO): A Pilot Study on Gut Microbial Biofilms Disruption	Dr. S. Anu	AXON'25, PSG Institute of Medical Science and Research, Coimbatore on 14.06.2025	Second Prize
2	R. Oviya Vallabi	2022	Nature-Enhanced Neurofeedback: EEG Interpretation of Brain Responses to Natural Auditory cues	Dr. S. Anu	AXON'25, PSG Institute of Medical Science and Research, Coimbatore on 14.06.2025	
3	Daksiin Venkatesh Babu	2024	Effects of Mirror Therapy on Sensory Functions Recovery in Post-Stroke Patients	Dr. S. Anu	JIPMER's International Undergraduate Medical Conference, CONNAISSANCE 7.0 held on the 4th, 5th, and 6th of April, 2025	Third Prize
4	M. R. Shanmuga	2021	Impact of Breathing Exercises on Exhaled	Dr. S. Anu	5th International e-Conference BMSeCON	Young Research

	Sundaram		Nitric Oxide Levels in Bronchial Asthma Patients. An Interventional Study		2023, Aarupadai Veedu Medical College, Puducherry. 4th - 6th December 2024	Scholar Award - Undergraduate
5	Varjithaa	2023	Gambling Addiction & Its Effect on Serum Melatonin, EEG & Cognition Among Young Adults	Dr. S. Anu	5th International e-Conference BMSeCON 2023, Aarupadai Veedu Medical College, Puducherry. 4th - 6th December 2024	
6	S. Sanjay	2023	Effectiveness of Breathing Exercises and Meditation as a Mode of Therapy for Maladaptive Daydreaming: An Interventional Study	Dr. S. Anu	5th International e-Conference BMSeCON 2023, Aarupadai Veedu Medical College, Puducherry. 4th - 6th December 2024	
7	Sri Jagadish	2023	Immediate Effect of Upper Limb Vs Lower limb Vs Combined Exercise on Pulmonary Function in Bicycle Ergometer Among Young Adults with Central Obesity	Dr. S. Anu	5th International e-Conference BMSeCON 2023, Aarupadai Veedu Medical College, Puducherry. 4th - 6th December 2024	
8	S. Manishankar	2022	Effect of hunger satiety and exercise on taste and smell threshold	Dr. S. Anu	4th International e-Conference BMSeCON 2023, Aarupadai Veedu Medical College,	Young Research Scholar Award -

					Puducherry. 13th - 15th December 2023	Undergraduate
9	Nivethitha S	2022	Comparative study of visual evoked potential, and cortical auditory evoked potential in Parkinson's disease patients and age matched controls to assess the cognitive decline	Dr. S. Anu	4th International e-Conference BMSeCON 2023, Aarupadai Veedu Medical College, Puducherry. 13th - 15th December 2023	
10	R. Oviya Vallabi	2022	Effect of Acupressure on Pain Perception & Pain Threshold on Patients of Rheumatoid Arthritis	Dr. S. Anu	4th International e-Conference BMSeCON 2023, Aarupadai Veedu Medical College, Puducherry. 13th - 15th December 2023	
11	Himawani	2021	A study on perception of taste and smell in healthy individuals at different posture	Dr. S. Anu	3 rd International e-conference BMSeCON, 2022, Aarupadai Veedu Medical College, Puducherry. 17th-19th November 2022	
12	Amritha Varshini	2019	Comparing the timbre of musical sounds and its	Dr. S. Anu	3 rd International e-conference BMSeCON,	Young Research



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	Ragavan		effect on the quality of sleep in medical students with sleep disturbances		2022, Aarupadai Veedu Medical College, Puducherry. 17th-19th November 2022	Scholar Award - Undergraduate
13	Shanmugapriya M A	2019	Academic curriculum changes expected by medical students	Dr. S. Anu	3 rd International e-conference BMSeCON, 2022, Aarupadai Veedu Medical College, Puducherry. 17th-19th November 2022	
14	Srivarshini. S		Effect of kapalbhati pranayama on abdominal fat, pulmonary function, vascular parameters in overweight or obese individuals	Dr. S. Anu	3 rd International e-conference BMSeCON, 2022, Aarupadai Veedu Medical College, Puducherry. 17th-19th November 2022	
15	K. L. Kaviya Varshini		A study on effect of etymology on learning	Dr. S. Anu	3 rd International e-conference BMSeCON, 2022, Aarupadai Veedu Medical College, Puducherry. 17th-19th November 2022	
16	Shanmuga	2021	Observational study on	Dr. S. Anu	APTCARECon – 22	

	Sundaram		awareness about the scientific reasons behind mythology among medical students		Integrating Physiology in Translational Research 14 & 15 th Oct 2022 Chettinadu Hospital and Research institute	
17	Elayanila S	2021	Study of return of oxygen levels to baseline after acute exercise in athletes and non-athletes	Dr. Renu Meena	APTCARECon – 22 Integrating Physiology in Translational Research 14 & 15 th Oct 2022 Chettinadu Hospital and Research institute	
18	Narpavi k	2021	Study to assess the awareness about the science behind social practices among medical students	Dr. S. Anu	APTCARECon – 22 Integrating Physiology in Translational Research 14 & 15 th Oct 2022 Chettinadu Hospital and Research institute	
19	Sushma K	2021	Effect of Pongal and sambar on AV reaction time	Dr. S. Anu	APTCARECon – 22 Integrating Physiology in Translational Research 14 & 15 th Oct 2022 Chettinadu Hospital and Research institute	

20	Maalavika	2021	Imposter syndrome on first year MBBS students	Dr. S. Anu	APTCARECon – 22 Integrating Physiology in Translational Research 14 & 15 th Oct 2022 Chettinadu Hospital and Research institute	
21	Saisurya	2021	Effects of social media usage on academic procrastination among medical students	Dr. S. Anu	APTCARECon – 22 Integrating Physiology in Translational Research 14 & 15 th Oct 2022 Chettinadu Hospital and Research institute	
22	Aashika Ashokumar	2021	Effect of late-night studies on health	Dr. S. Anu	APTCARECon – 22 Integrating Physiology in Translational Research 14 & 15 th Oct 2022 Chettinadu Hospital and Research institute	
23	Sahana Rajadurai	2021	Study on effect of smartphone radiation on taste and smell sensation	Dr. S. Anu	APTCARECon – 22 Integrating Physiology in Translational Research 14 & 15 th Oct 2022 Chettinadu Hospital and	



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					Research institute	
24	S. N. Vishnu varthini	2018	Effect of Mint-flavoured Chewing Gum in Observing Changes in Cognitive Function while assessing Test Performance	Dr. S. Anu	Axon -20, 17 th October PSG institute of Medical Sciences	Second place
25	Riya Joseph	2018	Incidence of respiratory symptoms in patients with gastric disorders	Dr. J. Keba	ResMECon Sri Ramachandra Medical College, Chennai 8 th & 9 th November 2019	
26	Rohit Paul	2017	Assessment of Immediate Effect of Lung Specific Mudras on respiratory function in patients with lung disorders using computerized spirometry	Dr. S. Anu	ResMECon Sri Ramachandra Medical College, Chennai 8 th & 9 th November 2019	
27	Sanjay Arvind Krishna	2017	Effect of Framing of Questions by Medical Students on Learning of the Subject	Dr. S. Anu Dr. Vallish	ResMECon Sri Ramachandra Medical College, Chennai 8 th & 9 th November 2019	
28	S. N. Vishnu varthini	2018	Effect of Mint-flavored Chewing Gum in	Dr. S. Anu	ResMECon Sri Ramachandra	

			Observing Changes in Cognitive Function while assessing Test Performance		Medical College, Chennai 8 th & 9 th November 2019	
29	Ajay Sreevatsav	2018	Science in Salat Stance – Breathe easy	Dr. M. Saravanan	ResMECon Sri Ramachandra Medical College, Chennai 8 th & 9 th November 2019	Second place
30	K. Srinithi	2018	Effect of circadian rhythm on learning& memory	Dr. S. Anu	REMOCON 2019, Sree Balaji medical college, Chennai	
31	Siddharth M. Rahejaa	2018	Touch me not: A Study analyzing the effect of chronic smartphone usage on the fingertip sensations of normal individuals	Dr. S. Anu	REMOCON 2019, Sree Balaji medical college, Chennai	Second place
32	Amritha Varshini Ragavan	2018	Sitar vs vocal: which is more effective for sleep therapy for insomnia patients?	Dr. S. Anu	REMOCON 2019, Sree Balaji medical college, Chennai	First place
33	Aravind Raghav	2018	Olfaction in overweight & obese individuals	Dr. S. Anu	REMOCON 2019, Sree Balaji medical college, Chennai	
34	S. Vishnuharish	2018	Effect of rapid breathing exercise on abdominal fat,	Dr. S. Anu	40th Annual conference of Indian Association of	

			pulmonary function, vascular reactivity and lipids in overweight and obese individuals		Biomedical Scientists(IABMS), Chettinad Hospital & Research Institute, Chennai 31.10-2.11.2019	
35	V. Ilakkia devi	2018	Effect of effect of slow breathing exercises on abdominal fat, pulmonary function,vascular parameters, blood lipids in Overweight /obese individuals	Dr. S. Anu	REMOCON 2019, Sree Balaji medical college, Chennai	First place
36	V. Mathava kumar	2015	Effect of Upper Limb Movements on the Muscles of Lower Limbs in Spinal Cord Injury Patients	Dr. S. Anu	Young scientist award contest SRM Medical college, Trichy & Axon 18, PSG medical college, Coimbatore, 13 th to 15 th September 2018	Third place
37	R. Shivani	2015	Detection of Genetic Mutations in Lung cancer patients with the help of Liquid Biopsy in Madurai, India –A Cross sectional	Dr. K. Rekha	APPICON 2018 Kasturba Medical College, Karnataka 29,30.11-1.12.2018	

			study			
38	K. N. Shree Lakshmi	2017	Assessment of memory and cognitive functions in controlled and uncontrolled Type 2 diabetes mellitus patients.	Dr. K. Rekha	LEMECON (APTCO N 18), Karpaga Vinayaka Institute of Medical Sciences and Research Centre, Madhuranthagam 6,7.10.2018	Second place
39	Vaira Praveena R	2016	Assessment of Psychomotor Skill using Mentally Guided Imagery and Physical Practice in Post Graduate Emergency Medicine Students - A Comparative Study	Dr. S. Anu	LEMECON (APTCO N 18), Karpaga Vinayaka Institute of Medical Sciences and Research Centre, Madhuranthagam 6,7.10.2018	
40	N. Prasanna Venkatesh	2016	“The Brain listens the best to its Master” – The memory benefit of hearing oneself	Dr. S. Anu	LEMECON (APTCO N 18), Karpaga Vinayaka Institute of Medical Sciences and Research Centre, Madhuranthagam 6,7.10.2018	
41	Linford	2017	Effect of double straight leg raise exercise training on abdominal fat of adolescent population	Dr. S. Anu	LEMECON (APTCO N 18), Karpaga Vinayaka Institute of Medical Sciences and Research Centre,	

					Madhuranthagam 6,7.10.2018	
42	R. Sharanya	2016	Reasoning ability and its association with NEET score in First MBBS students	Dr. M. Saravanan	LEMECON (APTCO 18), Karpaga Vinayaka Institute of Medical Sciences and Research Centre, Madhuranthagam 6,7.10.2018	Second Place
43	K. Sobana	2016	Understanding Etymology: Awareness among medical fraternities and tool in better understanding of medical curriculum	Dr. M. Saravanan	LEMECON (APTCO 18), Karpaga Vinayaka Institute of Medical Sciences and Research Centre, Madhuranthagam 6,7.10.2018	
44	Nithyashree	2014	Reaction time and intelligence among students	Dr. M. Saravanan	“UGBeaCon” 2018 VMCHRI, Madurai 19.4.2018	Second place
45	D. Pooja devi	2016	Analysis of the Effects of Duration and Quality of sleep on Pain Threshold and Nerve Conduction velocity on medical students	Dr. A. S. Kaniethapriya	“UGBeaCon” 2018 VMCHRI, Madurai 19.4.2018	First place
46	Nikirthy. G	2015	Analysis of nerve conduction velocity and	Dr. K. Rekha	“UGBeaCon” 2018 VMCHRI, Madurai	Third place

			pain threshold in professional drivers		19.4.2018	
47	A. Mohamed Rayeez	2015	Effect Of Right And Left Nostril Breathing Exercises On Visual And Auditory Reaction Time Of Healthy Adolescents In Madurai, In India	Dr. S. Anu	CHETPHYSI –EXCON 2017 Chettinad Medical College and hospital, Chennai 3,4.3.17	
48	R. Vaira Praveena	2016	Immediate Effects Of Alternate Nostril Breathing Exercises On Vascular Parameters In Hypertensive Patients	Dr. S. Anu	CHIASMA 2017 Saveetha Medical College, Chennai 11,12.10.17	First place
49	Haritha Kalyan	2016	Evaluation of Perfusion Index, Non-Invasive Hemodynamic Parameters as Stress Indicators during Exercise	Dr. S. Anu	Thuyil (APTCO 17) at Stanley Medical College, Chennai 28,29.10.17	
50	Abirami	2014	Auditory and Visual Reaction Time in Shift Workers	Dr. M. Saravanan	Thuyil (APTCO 17) at Stanley Medical College, Chennai 28,29.10.17	
51	S. Iswarya	2014	Flow mediated vasodilatation in smokers	Dr. S. Anu	Thuyil (APTCO 17) at Stanley Medical College, Chennai 28,29.10.17	